

# ENDOTARGET

Systemic Endotoxemia as the driver of chronic inflammation - Biomarkers and novel therapeutic targets for Arthritis

## **1. PROBLEMS**



>40% Affected population in Europe<sup>1</sup> (musculoskeletal disease and arthritis)

# 2. CAUSE



层 Intestinal dysbiosis of gut microbiome



#### >240 Billion€ economic burden per year<sup>2</sup>

# Only symptomatic therapy

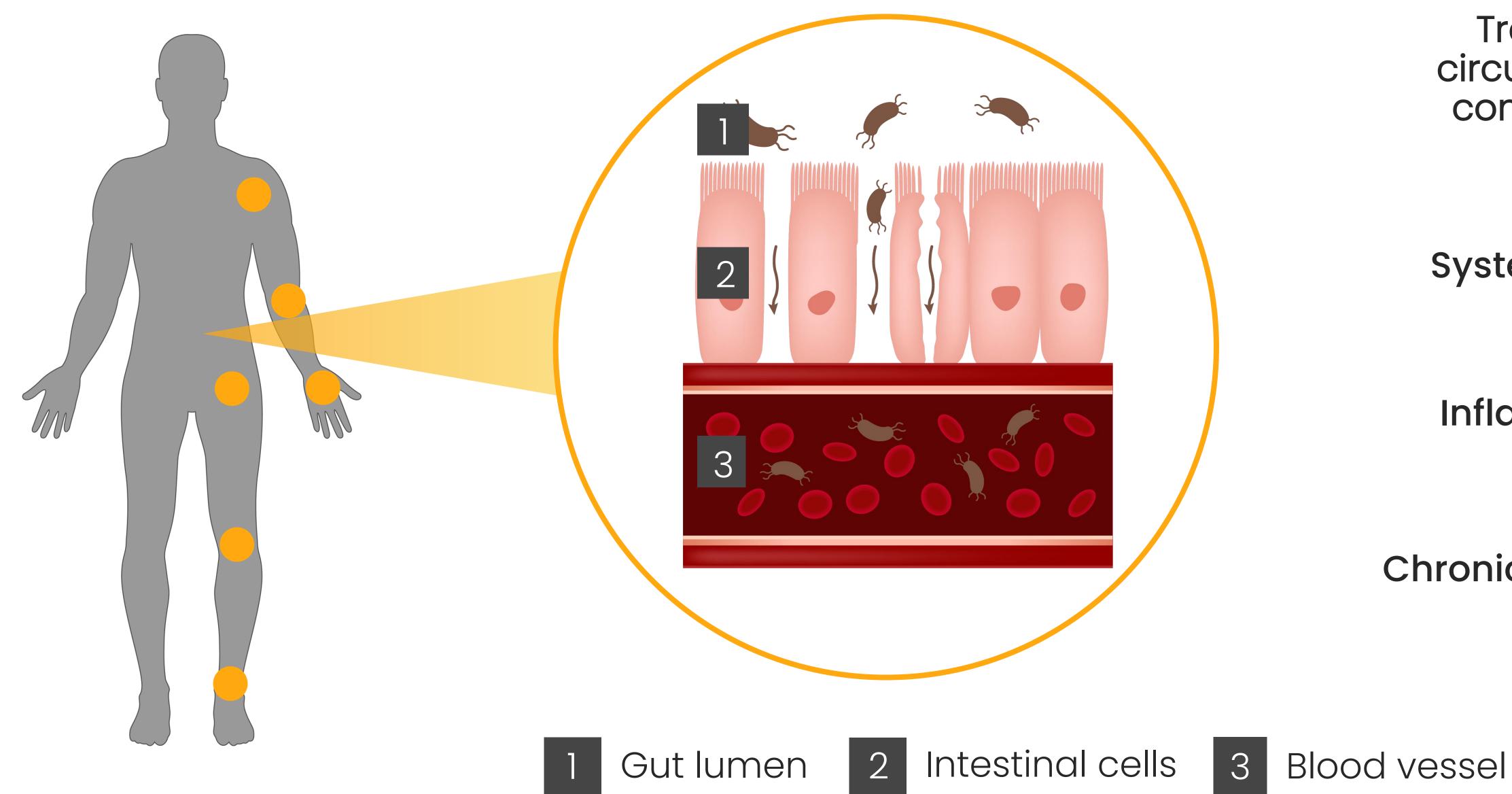
1 https://cordis.europa.eu/article/id/97231-ep-calls-to-recognise-the-extraordinary-burden-of-rheumatismand-arthritis

2 European Alliance Of Associations For Rheumatology (EULAR), position paper, November 2011 (H2020 Framework Programme).

## Increased permeability of intestine



**Bacterial compounds in blood** 



Translocation and circulation of bacterial compounds in blood

Systemic endotoxemia

Inflammation in joints

#### Chronic rheumatic diseases

# 3. AIMS



Personalised Therapies and Diagnosis

- Drugs
- Digital Prediction Tools
- Nutritional Interventions



# 4. SUPPORT

**14 Partners, 8 countries** 



4 ~7 million € form the EU (Horizon Europe)
+ 1.8 million € from SERI

(SERI: Swiss State Secretariat for Education, Research and Innovation)

## **ENDOTARGET IMPACT**



## Patients

- Less therapeutic side effects
- Early diagnosis & intervention
- Improved awareness & self management towards rheumatic diseases
- Risk reduction of chronic disease development



- Decreased healthcare costs
- Efficient allocation of saved healthcare costs
- Reduction of disease-adjusted life years associated with rheumatic disease



- Supporting tool for disease prediction & therapy selection
- Personalised treatment of rheumatic diseases

